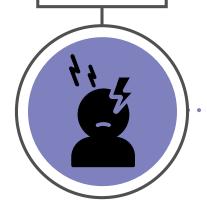


Missing Work for Health or Family Reasons?

Illness, Recovery, and Medical Treatment *Caring for an Ill Family Member*

Pregnancy and Childbirth





You

YOU NEED BOTH:

Make sure your

employer will hold

your job

Eligible workers have job **Job Protection** protection from:

- -Federal Family Medical Leave Act (12 weeks)
- -D.C. Family Medical Leave Act (16 weeks)
- -Employer policies, like sick days, vacation days, paid time off (PTO), leave without pay

Eligible workers have job protection from:

- -Federal Family Medical Leave Act (12 weeks)
- -D.C. Family Medical Leave Act (16 weeks)
- -D.C. Protecting Pregnant Workers Fairness Act
- -Maryland Parental Leave Act
- -Virginia Human Rights Act
- -Americans with Disabilities Act
- -Employer policies, like sick days, vacation days, paid time off (PTO), leave without pay

Eligible workers receive monetary benefits from: -D.C. paid sick time (3-7 days)

Receive money when you're not working

Monetary Benefits monetary benefits from:

Eligible workers receive

- -D.C. paid sick time (3-7 days)
- -Maryland paid sick time (40 hours)
- -D.C.'s paid family leave benefits (6 weeks)
- -Employer policies, like vacation days, paid time off (PTO)

-D.C.'s paid family leave benefits (2 weeks)

-Maryland paid sick time (40

hours)

- -Short-term disability benefits (employer-sponsored or workerpurchased)
- -Employer policies, like vacation days, paid time off (PTO)

Your workplace rights depend on whether you work in the District of Columbia, Maryland, or Virginia. Ask a lawyer about your situation.

Questions? For free legal services, contact 202-644-9043 or intake@firstshift.org Services available in all languages.